

Note to Dealers: If you install this product for the consumer, please provide him/her with this owner's manual after installation.

Thank you for purchasing the Profile Design F-35 Adjustable Armrest Kit. This kit is compatible with any Profile Design aerobar system. Please read these instructions thoroughly before attempting to install this item. Proper installation is required for compliance with Profile Design's warranty policy. If you are not familiar with installation of aerobars or their accessories, please seek the assistance of your local Profile design dealer by logging on to www.profile-design.com and using "dealer search" or by calling Profile Design's customer service number.

Tools and materials required: 5mm Allen wrench & Torque wrench (in-lbs/Nm)

1. Threaded areas have been pre-treated by Profile Design during production with a special blue thread locking compound. This special compound is easy to detect on the threads of all bolts provided. If you cannot detect this thread locking compound or if you have cleaned it off through normal maintenance, re-apply a suitable blue thread locking compound as available from Loctite® or another company before assembly.
2. Insert the M6x13 Bolts through the oval washer, then through the slot in the armrest, and through slide spacer.
3. Thread the bolts into the bracket to finger tight allowing the armrest to move freely.
4. Once the ideal position is located tighten the bolts to a max torque of 42 in.lbs (4.7Nm).
5. Repeat 2-4 for the other armrest.
6. Once the armrests are installed, press the pads onto the Velcro backing of the armrest and hold firmly for 30 seconds. Repeat for the other armrest.
7. Recheck the bolts for tightness after first usage and periodically thereafter to ensure secure attachment to the aerobar.

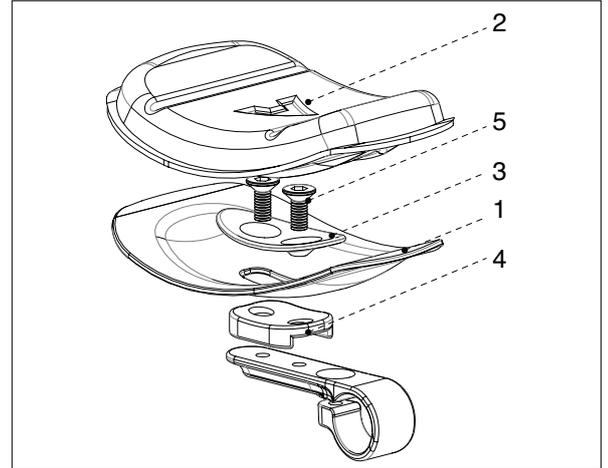


FIG. 1

F35 Inject Armrest - PARTS LIST			
Ref.#	Part #	Qty. Req.	Part Description
1	200044	2	Armrest F-35 AL Adj Left/Right w/Velcro pre-applied
2	685198	2	Pad-Adj F35 w/Velcro Left/Right
3	278568	2	Washer- M6 Adj F35
4	293131	2	Slide assembly spacer- Adj F35
5	313411	4	Bolt-M6x13 FHB

WARNING

- Any failure to follow these warnings and instructions can result in breakage, slippage and or other malfunctioning of this Profile Design component causing a loss of control of the bicycle with serious injuries. [AP1100-1-1]
- A creaking component can be a sign of potential problems. Make sure all contact surfaces between components are clean, all bolt threads are greased or are treated with proper thread lock and tightened to Profile Design's (or the bike manufacturer's) specifications and all components are properly sized to fit together. If you continue to experience creaking stop using the Profile Design component and call Profile Design customer service. [AP0601-2-2]
- Under tightening a bolt can result in a part coming loose while riding and an over tightened bolt can break unexpectedly or strip the threads it is engaging while riding also resulting in a loss of control. All bolts must be tightened to Profile Design's (or the bike manufacturer's) torque specifications. On the first and any subsequent assembly examine all male and female threads and bolts for stripped threads, cracks and any required lubrication or thread locking compound. [AP1100-3-2]
- Periodically, closely examine all surfaces of this Profile Design component (after cleaning) in bright sunlight to check for any small hairline cracks or fatigue at "stress points" (such as welds, seams, holes, points of contact with other parts etc.). If you see any cracks, no matter how small, stop using the part immediately and call Profile Design customer service. [AP0302-4-2]
- Whenever you install any new component on your bike make sure you thoroughly try it out close to home (with your helmet) where there are no obstacles or traffic. Make sure everything is working properly before going off on a ride or to a race. [AP1100-5-1]
- Racing (road, mountain or multi-sport) places extreme stress on bicycles and their components (like it does riders) and significantly shortens their usable life. If you participate in these types of events, the lifetime of the product may be significantly shortened depending upon the level and amount of racing. The "normal wear" of a component may differ greatly between competitive and non-competitive uses, which is why professional level riders often use new bikes and components each season as well as having their bikes serviced by professional mechanics. Particular care should be placed in the regular examination of your bicycle and it's components to insure your safety. [AP1100-6-1]
- A number of factors can reduce the life of this component to less than its warranty period. Rider size and/or strength and riding style, high mileage, rough terrain, abuse, improper installation, sweat, adverse environmental conditions (such as salt air or corrosive rain), travel damage (especially if bike and components are repeatedly disassembled and then reassembled) and crashes or accidents can all contribute to the shortening of the life of this component. The more factors that are present, the more the life of the component is reduced. [AP0801-7-2]
- Make sure you periodically recheck ALL aerobar bolts for tightness as indicated. Many of these bolts can loosen due to road vibration, which can cause possible breakage and loss of control. Make sure only the Profile Design supplied bolts are used. [AB1100-1-1]
- Aerobars can require riding positions that are new or different to many riders. It is advisable to practice using these bars in a low traffic area to become accustomed to any changes in the steering or handling characteristics of the bike. Please exercise caution when using these types of handlebars for the first time. Also make sure that you continue to look forward when riding and do not look down towards the ground. [AB1100-2-1]
- If you ever crash and the handlebar, aerobar OR stem is damaged in any way, (slight bends or scrapes) ALL ADJOINING PARTS should be replaced as there may be undetectable damage to either part. Call Profile Design customer service and ask about our "Crash Replacement Policy". [AB1100-3-1]
- Some light weight aluminum and carbon fiber handlebars are not compatible with aerobar assemblies and attaching aerobars will damage the bar and could lead to breakage, slippage or a fall, please refer to the handlebar manufacturer's installation instructions for this information or call Profile Design for further information. [AB1100-4-1]
- These aerobars are intended for use with handlebars using a clamp diameter of 31.8mm. By using the shim adaptor provided they may also be used for 26.0mm handlebars. [AB0302-5-2]
- Whenever an aerobar-equipped bike is placed on a roof rack, remove the armrest pads (if they are Velcro attached). Pads lost during transport are not covered by Profile Design Warranty. [AB1100-6-1]